

Heads and shoulders

Finger and hand games for babies introduce them to rhythm, to rhyme and to words. ***Try this one!***



The traditional song 'Heads and Shoulders' is one to enjoy with babies from birth onwards, and it's a fun way to teach parts of the body.

Heads and shoulders

(touch your head and shoulders, and/or your baby's head and shoulders)

Knees and toes, knees and toes

(do the same with knees and toes)

Heads and shoulders Knees and toes, knees and toes

(repeat as above)

And eyes and ears, and mouth and nose

(use your finger to point at each feature on you and/or your baby)

Heads and shoulders, Knees and toes, knees and toes

(as before)

When your baby gets older you can make the rhythm faster and with a lot more 'bounce' to it. As your baby becomes a toddler, he'll be able to do some of the touching and pointing, too, and to supply the words.

You can change the words, if you like, to include clothing, or other features such as hair, chin, cheek....*whatever fits.*